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Anastasia Panagopoulou holds a degree in Food Science and Nutrition from the Department of Food Science and Nutrition (D.F.S.N) of **The University of the Aegean**. She is self – employed specialized in food safety, new product development and legislative support for mass catering companies. Her professional experience also includes the development and management of HACCP programs, the certification of ISO 22000 systems, the preparation of descriptive health interest reports and flowcharts.